

Virtual support
for **BAME** Carers

Tu Vida



Nottinghamshire
Carers Hub

Afro-Caribbean Carers Support Group with Jazz

Friday 29th Jan 2021 @ 2.00pm

&

Asian Women Carers Support Group with Noreen

Monday 25th Jan 2021 @ 1.30pm

Access is quick and easy, via Zoom
(computer, laptop, tablet or mobile phone with
camera & speaker required)

For more information and details of how to sign up please contact:

Nottinghamshire Carers Hub @ Tuvida
0115 8248 824 / nottinghamshirehub@tuvida.org



Nottingham
City Council



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